

Narrative Nursing

Narrative Nursing is a standalone seminar that helps nurses understand and embrace the power of their own stories.



Program description:

BIRTHED FROM MARCUS ENGEL'S M.S. IN NARRATIVE MEDICINE FROM COLUMBIA UNIVERSITY, THE NARRATIVE NURSING WORKSHOP TEACHES NURSES TO EMBRACE THEIR STORIES AND TO PRACTICE THERAPEUTIC WRITING TECHNIQUES TO GUARD AGAINST COMPASSION FATIGUE AND BURNOUT. BY LEADING NURSES INTO THE PRACTICE OF THERAPEUTIC JOURNALING, NURSES ARE ABLE TO FIND DIFFERENT PERSPECTIVES TO INVOKE COMPASSION AND EMPATHY; FOR PATIENTS, DOCTORS, FELLOW NURSES AND FOR THE FAMILIES OF PATIENTS.

Objectives:

- Balance compassion fatigue and burnout by utilizing proven writing techniques
- Teach journaling as a healthy practice for work/life balance
- Reconnect nurses with the passion for caregiving
- Embrace the stories of nursing as valuable and educational
- Help nurses gain perspective from the patient and family's point of view
- Manage stress through writing and storytelling



Testimonials:

"Marcus' presentation is highly rated by our staff and we look forward to having him back in the near future!"

Catherine A. Harmer MPH, MSN, RN, NEA-BC, CPXP
System Director, Patient Experience, Main Line Health
Bryn Mawr, PA

"Marcus is a master of changing culture. Every health care institution needs to hear his message."

Scott Ellner, DO, MPH, FACS
President, St. Francis Medical Group
Hartford, CT

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Get in touch at
(314) 852-4494 • Marcus@MarcusEngel.com
www.MarcusEngel.com

